

# Monika Bolcskei

International Trainer, Coach, Facilitator



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# Education

2022: Mental Toughness Consultant, AQR

2022-now: Compassionate Inquiry, Gábor Máté DR.

2021: OCI/OEI® Consultant – Human Synergistics

2021: Best Year of Your Life Summit , US

2019: Virtual Facilitator (Skype, Zoom, Webex, AdobeConnect) – Wwieland – Hungarian Partner of Neuland

2019: Relational Team Coach - Executive Coach Studio, UK

2018: Theory-U, Inclusive Leadership, High Performing Teams by Otto Scharmer / MIT edx courses

2018: Action-oriented Team Coach – Gabi Szabo

2017: LSI® Consultant – Human Synergistics

2013: NLP Practitioner – New Code NLP Institute

2013: Moderator, World Cafe and Open Space Host - Wwieland – Hungarian Partner of Neuland

2010-2019: Coaching Without Borders – live workshops (Sir John Wittmore, Jonathan Passmore, Louis van Kessel, Marco Buschman, Frank Bresser, Gerard O'Donovan, Stefan Cantore, Myles Downey, Georgina Woudstra seminars)

2012: Associate Certified Coach (ACC) – International Coach Federation

2011: Accredited trainer – dr. Poór Video-training

2011: Action Learning Facilitator – Central-Europe Gestalt Centre

2010: Qualified Business Coach – Business Coach Academy

2006: Essence Self acknowledgment – Greece

2006: Training for Successes - Greece

2005: International Synergy Group – Train the Trainer – Netherlands

2004: Leadership training – Cegos

2003: HR Manager diploma at University of Debrecen

1995: Junior School Teacher diploma at College of EJTF

# Experience as an Entrepreneur and Coach

Date	Company & Position	Main Tasks, Responsibilities and Projects
2004 - now	New Human Bridge Solutions Ltd. General Manager, Entrepreneur	<p>2004 – now</p> <ul style="list-style-type: none"><li>• managing L&amp;D projects</li><li>• designing and delivering trainings, workshops, conferences, webinars, coaching processes for leaders, employees, groups and teams</li><li>• publishing in several HR professional magazines, sites and blogs</li><li>• managing the enterprise and sub-contractors</li></ul> <p>2017-2020</p> <ul style="list-style-type: none"><li>• Internal Trainer, Coach and Facilitator at BP-GBS Europe (Budapest, Szeged, Istanbul)</li><li>• introducing coaching culture which was honoured with the ICF Prism Award in the category of Coaching-style Organisation of the Year in 2019</li><li>• designing and delivering L&amp;D programs for 350 leaders, 300 SMEs, 150 high-potentials and 2700 employees</li><li>• designing and delivering self-knowledgement training built on Life Style Inventory (LSI®) for 650 leaders with the goal of achieving a mindset change in coaching-style leadership</li><li>• designing and delivering webinars on Psychological Safety, Mental Health, Wellbeing, Life Style Inventory and Presencing</li><li>• designing a global high-potential program for the top 100 executive leaders at BP Global which was not delivered due to COVID-19</li></ul> <p>2013 -2017</p> <ul style="list-style-type: none"><li>• designing and delivering development programs of:<ul style="list-style-type: none"><li>• train-the-trainers</li><li>• train-the-coaches</li><li>• train-the-facilitators</li></ul></li></ul> <p>2004 - 2013</p> <ul style="list-style-type: none"><li>• leading talent acquisitions, executive searches and competency-based interviews</li><li>• managing employees (13) and contractors (6)</li><li>• organisation development (own enterprise and other small-medium sized companies)</li><li>• managing youth programs</li></ul>

# Memberships and Volunteer Experience

HiSchool – individual and group coaching (2021-)

Budapest Bike Maffia (food donations) – business coaching (2021)

Hemper Social Enterprise, Spain and Nepal (fashion industry) – executive coaching (2019-now)

International Coach Federation Worldwide (2009-2015)

International Coach Federation Hungarian Chapter

I was responsible for all Hungarian CCEU applications for 3 years (2012-2015)

I was part of the accreditation committee in 2014.

Egyesek Youth Association

I managed and carried out the Youth Association's organisation development programs in 2007 and 2012.

I trained Youth workers and leaders on how to select, motivate and develop volunteers.

I developed entrepreneurial learning in their youth work.

I facilitated strategy meetings.

I was member of the Board of Supervision between 2011-2019.

I was elected as a member of the Creative Space Non-profit Ltd.'s Board of Supervision in 2013 and I was the Chairman between 2015-2019.

ADHD Foundation

I developed an ADHD Coaching Program for teachers and parents which was honoured with CSR Hungary Award in 2012.

I trained teachers, social workers and parents on ADHD (attention deficit hyperactivity disorder) Coaching-Style Education.

I gave lectures and made presentations on ADHD Conferences (roadshows in Hungary).